



Graduate Student Senate

General Assembly Meeting
September 1st, 2021

Sunset from the Lehigh Outlook: July 2016

Agenda

- What is GSS?
 - Executive Board
 - Unit & Club Representatives
 - The General Assembly (You!)
- Speakers
 - Oliver Yao
 - Yvonne Lee
- Committee Openings
- External Affairs
- Check-In
- Announcements
- Open Floor

GSS - Graduate Student Senate

Executive Board:

President - Caitlin Lindley

VP - Theresa Mowad

Secretary - Hareem Zafar Khattak

Communications - Caroline Ferguson

External Affairs - Jacob Nelson

Historian - Dannielle Waugh

Treasurer - Sam Miller Brown

Travel Grants Officer - Joan Spinelli

Unit Senators and Club Representatives

Unit Senators are the voting members of the general assembly

Each unit has a Unit Senator

- Must have a Primary and Secondary Representative
- **Unit Senators:** Must attend the GA meetings to secure Travel Grant Funds for the entire department

IMPORTANT: Be pro-active - make sure your department / unit has a Senator selected!

The General Assembly

All graduate students make up the general assembly

Why attend GA meetings?

- Be up to date on policies, changes, social outings, and professional development opportunities
- Hear from members of the administration & ask them questions
- Provide feedback to assist the E-Board decision making process
 - (e.g., External Affairs)

Oliver Yao, Ph.D.

Interim Deputy Provost for Graduate Education
Associate Dean for Graduate Education, College of Business

- Provide your feedback via GSS and all graduate platforms to keep the administration informed.
- Launching Graduate Student Video Contest--to showcase your Lehigh experience. **Theme: My Day At Lehigh**. Details can be found here: <https://grad.lehigh.edu/student-life/lehigh-graduate-student-video-contest>
- The dependent health insurance coverage will be addressed by Yao with Kathleen and graduate student body will be updated soon.

ingss@lehigh.edu

Yvonne Lee, Ph.D.

Directs the Graduate Writer's Studio

- Provides workshops, writing retreats, and writing consultations for all graduate students. Offered 27 writing/revising workshops with 216 graduate students participating last year. More information available at: <https://grad.lehigh.edu/graduate-writers-studio>

Committee Openings:

- Diversity, Equity, and Inclusion Committee (3 needed)
- Graduate Research Committee (1 needed)
- Graduate Representative for the Faculty Committee on Global Affairs (1 needed)
- Educational Policy Committee (2 needed - one must be from the College of Ed; meets every other Wednesday 3-4:20)

- Just email ingss@lehigh.edu and we will connect you with the related committee staff.
- Graduate Research Committee meets every Tuesday @ 3pm by Zoom this Fall.

External Affairs



<http://nagps.org/events/immigration-services-workshop/>

- <http://nagps.org/events/immigration-services-workshop/>
- NAGPS is the National Association of Graduate Professional Students.

Checking in...


Any thoughts / concerns regarding COVID-19?

Throughout the semester, be sure to continue checking in with **yourself**, and letting us know (at INGSS@lehigh.edu) about any concerns you have as the COVID situation continues to unfold!

- Covid concerns are heard and related to CRT team.
- GSS will request CRT to elaborate on breaking down the Covid numbers in more detail on the website which will be helpful for many graduate students.

ingss@lehigh.edu

ANNOUNCEMENTS:



reminder

Graduate Health Insurance

Insurance coverage for annual (2021/2022 coverage) OR fall 2021 policy begins the later of:

- August 15, 2021, or upon your online confirmation of enrollment and premium payment.
- To enroll in the insurance program you must confirm your enrollment in the health insurance by going to www.universityhealthplans.com AND submit payment to the Bursar's Office.

**Deadline to confirm your enrollment is 4:00pm
on September 3, 2021**

*physical
health*

**TRANSITION TO
GRAD SCHOOL**

**Fridays
2-3 pm**

Imposter Syndrome and the Failure Resume
YOU WERE NOT ADMITTED BY MISTAKE
September 10



Time Management
HOW TO GET IT ALL DONE
September 17



**Eat, Sleep, Move:
Sustaining Your Energy**
FINDING A HEALTHY BALANCE
September 24



 
Sign up to register


Brought to you by the Graduate Life Office

ingss@lehigh.edu

 **SECOND
WEDNESDAYS
AT
NOON**
an LTS seminar series
for grad students

**SYSTEMATICALLY
REVIEWING &
SYNTHESIZING
THE LITERATURE**

8 September 2021
12pm
go.lehigh.edu/SWAN





Workshop Series - The Dissertation: Chapter-by-Chapter

JOIN US

for the first of a 5-part series on the
Dissertation

Just the word "dissertation" can cause a great amount of anxiety for most graduate students. This workshop series aims to ease some of that anxiety by breaking down the structure and content of each of the 5 chapters in a traditional dissertation.

This week, we will examine the Introduction Chapter, discussing commonly used academic phrases like "research question," "filling the gap," and "positioning yourself in the conversation."

from 3:00pm - 4:00pm
in STEPS Building Rm 551

Introduction September 14

Registration Required

Participants Limited to 15





Sponsored by the Center for Career and Professional Development and Graduate Education & Life

Join us!
Bring your lunch.
Snacks and drinks provided.

Professional Communication Graduate Workshops

Communicate and collaborate effectively to advance your career

Maximize Your Email Communication	Navigate Communication Pitfalls	Present Like A Pro
September 10th 12-1 pm	September 24th 12-1 pm	October 8th 12-1 pm

Held in Packer House
Registration required via Handshake
lehigh.joinhandshake.com

ingss@lehigh.edu



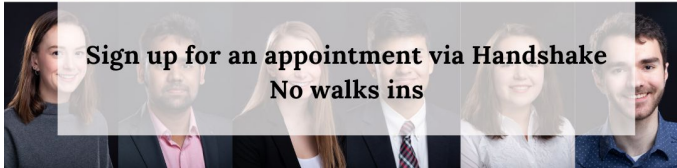
FREE HEADSHOTS



Thursday, Sept 9
Noon - 5pm
Lamberton Hall



Sign up for an appointment via Handshake
No walks ins



ingss@lehigh.edu

career

EXPO virtual
fall 2021

[networking + opportunity]

September 23, 2021
4:00 - 7:00 PM
virtual via Handshake

i Handshake
Register for the expo
via Handshake, Events,
Fairs OR go to:
go.lehigh.edu/fall2021expo

ingss@lehigh.edu

Graduate Women's Exchange



Come Explore

Sept 9 & 23, Oct 7 & 21, Nov 4 & 18

Women's Exchange provides a space for graduate women from all walks of life to develop meaningful relationships and promote personal growth. Occurs every other Thursday throughout the semesters both Spring and Fall over lunch, guest presentations, and activities are presented around participant interests.

Location: Packer House Lounge
217 West Packer Ave
12-1pm

Registration is Required: Limited to 15 participants and we encourage you to attend at least 5 of the 6 sessions.



Brought to you by the Graduate Life Office
gradlife@lehigh.edu

FALL 2021

Teacher Development Series

A free 6 part non-credit series for graduate students to improve instructional and classroom skills.

EARN YOUR LEVEL 1 OR LEVEL 2 CERTIFICATE



Every other Thursday
2-3 PM

Sessions can be attended in person at EWFM 520 or virtually via Zoom.

Fall 2021 Dates

September 23
October 7
October 21
November 4
November 18
December 2



<https://qr.go.page.link/o8UWM>

Teacher Development is brought to you by the Graduate Life Office and the Center for Innovation in Teaching and Learning.



**GRADUATE
STUDENT
WELCOME BACK
PICNIC**

Saucon Village
Behind Building B

Are you ready for crisp, cool weather, outdoor fun and Fall? Enjoy the great outdoors with great food, great students, and games for the whole family. All grad students and families welcome!

Saturday, September 25
11:30-1:30pm

Brought to you by the
Graduate Life Office and Housing Services

Sign up here: <https://grs.page.link/YDVAa>

The poster features a red background with colorful triangular bunting at the top. It includes icons for a volleyball, a soccer ball, a soccer field, and a picnic basket. A QR code is located in the lower-left quadrant.

ingss@lehigh.edu



say Yes TO FRESH

BETHLEHEM Farmers' Market

APRIL 29 – NOVEMBER 18, 2021

EVERY THURSDAY 10AM–2PM
🎸 LIVE MUSIC 11:30AM–1:30PM

NEW & MORTON STREETS | FARRINGTON SQUARE
SOUTHSIDE BETHLEHEM

LEHIGH UNIVERSITY Office of Sustainability

FROM FARMERS' MARKET CHECKS ACCEPTED. bethlehemfarmersmarket.com

The poster features a red wood-grain background. At the top, the text 'say Yes TO FRESH' is written in a white, curved font. Below this, 'BETHLEHEM' is in white, 'Farmers'' is in green, and 'Market' is in a large, stylized green font with a leaf. The dates 'APRIL 29 – NOVEMBER 18, 2021' are in white. The schedule 'EVERY THURSDAY 10AM–2PM' and 'LIVE MUSIC 11:30AM–1:30PM' (with a guitar icon) are in white. The location 'NEW & MORTON STREETS | FARRINGTON SQUARE SOUTHSIDE BETHLEHEM' is in white. The bottom section has a green background with the Lehigh University logo and 'Office of Sustainability' in white. At the very bottom, there is a small white box with 'FROM FARMERS' MARKET CHECKS ACCEPTED.' and the website 'bethlehemfarmersmarket.com', along with social media icons for Facebook, Twitter, and Instagram.

ingss@lehigh.edu



Graduate Student Outing Club

**COME HIKE
PULPIT ROCK -
PINNACLE LOOP**

September 4th, 2021
8:30am-3:30pm

Any questions contact Jimmy jy716@lehigh.edu
[click link to sign up](#)

GRADUATE STUDENTS
OUTING CLUB
GSOC




Friday, September 10th
100-200pm ET

Linderman Library #342
Bayer Galleria

**Transitions: Zines Marking
Moments of Transformation**

Zines (handmade magazines) are a fun and accessible way to mark periods of change. Learn about the history of zines, how to create a zine using one sheet of paper, and reflect on your own transition to Lehigh as you make a zine. We will also view some of the zines in Lehigh's Special Collections for inspiration.

 If you are an individual with a disability and need accommodations in order to participate in this event, please contact Kate Pitts in advance at kfp321@lehigh.edu.

 Special Collections
Linderman Library

 5x10
Special Collections
Linderman Library



**What Does Home Mean to You?:
A Canva(s) Event**

Date: Sunday, 09/19, 10:00-11:30
Location: Clayton University Center, C207 (CGE Lounge)
& via Zoom
(email klp321@lehigh.edu for Zoom login)


Join us for a **hybrid, arts-based event** exploring what home means to you, examining how gender shapes our experience of home and how Lehigh might be a kind of home to us, too.

Light snacks provided.
Register at go.lehigh.edu/CGECanvas


If you are an individual with a disability and need accommodations in order to participate in this event, please contact Kate Pitts in advance at klp321@lehigh.edu.



ingss@lehigh.edu



LEHIGH
UNIVERSITY




Second Annual Multilingual Education Conference

**The Condition of Education:
Re-establishing Connections with
Multilingual Learners**


October 23, 2021
Iacocca Hall, Lehigh University

Submit a Proposal:
<https://forms.gle/PkTThoZzXidWNgNA>


Register:
https://secure.touchnet.net/C20958_ustores/web/product_detail.asp?PRODUCTID=464



DESALLES
UNIVERSITY



LAFAYETTE
COLLEGE



Muhlenberg
College

ingss@lehigh.edu

HUNGRY?

COME MEET YOUR FELLOW GRAD
STUDENTS FOR BREAKFAST
EVERY TUESDAY AT 10AM!

TUESDAYS @10

Every Tuesday* from 10 am - 11 am, Packer House

***IMPORTANT**

THIS EVENT WILL ONLY TAKE PLACE IF THE
WEATHER PERMITS US TO HOLD IT OUTDOORS.
WE WILL NOT HOST IT INDOORS DUE TO THE
PANDEMIC. PLEASE CHECK OUR SOCIAL MEDIA
ON MONDAYS FOR UPDATES ON WHETHER IT HAS
BEEN CANCELLED FOR THAT WEEK.

COME HUNGRY!

Bagels, Yogurt, Fruits, Toast, Eggs,
Cheeses and lots more!
Coffee, Tea, Milk, Juice



ingss@lehigh.edu



The Zoom recording of **Graduate Orientation** on August 17th is available for viewing here: <https://bit.ly/3swLklj>

**You must be logged in to Zoom through your Lehigh email to view the recording.*

ingss@lehigh.edu

IRIS Mentorship Program

An initiative for LGBTQ+ students,
faculty and staff.

- ★ Meet fellow students and connect with faculty/staff
- ★ Participate in learning activities and fun events

If you are interested in participating, fill out this form:
https://docs.google.com/forms/d/e/1FAIpQLSd2Zg7nUfYNutQxHw7LHbdshjAMlirTBXcgVbLYIBqnbjIZhg/vi/ewform?usp=sf_link

Or contact ingss@lehigh.edu for more info.

ingss@lehigh.edu

**Healthy. Happy.
Here we come.**

Start your free membership on February 1, 2021
go.lehigh.edu/headspace

Need help?
teamsupport@headspace.com

**Headspace
is here.
Focus better.**

Having trouble focusing? One session of Headspace can reduce mind-wandering and increase focus by 27%. Imagine what a full week can do.

Start your free membership on February 1, 2021.
go.lehigh.edu/headspace

**Headspace
is here.
Science-
backed
meditation.**

Backed by over 20 published studies, Headspace meditations have been shown to reduce stress, increase happiness, and improve focus in as little as 10 days.

Sign Up Now:
go.lehigh.edu/headspace

**Headspace
is here.
Sleep soundly.**

Need help switching off after a long day? Headspace has sleepcasts, music, and unique audio experiences that help you create the conditions for a more restful night's sleep.

Start your free membership on February 1, 2021
go.lehigh.edu/headspace



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CAMPUS ATHLETICS PRESENTS

STUDENT FITNESS & WELLNESS ACCOUNTABILITY GROUP

- Join a weekly accountability group with your Lehigh peers that will help motivate you to set positive goals and adopting healthy lifestyle habits.
- Student accountability group will meet Mondays, 7:00pm - 7:30pm via Zoom.
- Register here: forms.gle/QY6kXGH2KP8W6myK7 or email Teresa Carotenuto at tnc219@lehigh.edu

Graduate Student



Please visit the following link to find answers to questions on topics such as:

- Semester Break
- Return to Campus
- Coursework
- And more!



www.lehigh.edu/~inprv/organization/graduatefaq



ingss@lehigh.edu

CENTER FOR CAREER AND
PROFESSIONAL DEVELOPMENT

 **YouTube Hire Lehigh**

 **@lehighcareercenter**

 **Blog: hirelehigh.com**

**Expand your career skills
and connections**

ingss@lehigh.edu

**Funding Opportunity:
The Sustainable Initiative Grant**

Grants of up to \$2,000 are available to
Lehigh students, faculty, and staff!

The Sustainable Initiative Grant is
available to members of the Lehigh
community for projects that contribute to
sustainability on Lehigh's campus and the
surrounding area.

You can find more information about how to
submit an application at:

<https://sustainability.lehigh.edu/sig>

Career Center

BRING THE CAREER CENTER TO YOU!

Career support for your graduate club or department



Customized workshops

Request a workshop on career exploration, personal branding & job search strategies, networking, interviewing and more



Working sessions

Plan a session to work on a resume, CV, cover letter, or LinkedIn profile as a group with your Graduate Career Coach



Event collaboration

Partner with the Career Center to access resources and promote your professional development event

Contact Ali Erk - alison.erk@lehigh.edu

career ready = life ready
Center for Career & Professional Development

ingss@lehigh.edu

Information Pages for Graduate Students

Graduate Life Office Homepage:

<https://gradlife.web.lehigh.edu/>

Graduate Student COVID-19 Information Page:

<https://www.lehigh.edu/~inprv/organization/graduate>

Lehigh COVID-19 Information Center:

<https://coronavirus.lehigh.edu/>

Resources for off-campus testing:

<https://studentaffairs.lehigh.edu/content/covid-19-testing-resources-0>

ingss@lehigh.edu

Covid guidelines for graduate students

<https://tinyurl.com/lehighcovidguidelinesforgrads>

ingss@lehigh.edu

Mental Health Resources

Counseling Center access is still available via Zoom or phone

After hours counselor always available.

Dial **(610)758-3880**, select “**0**” on the keypad

[Therapists in the Lehigh Valley Database](#)

Put together by grad student Natania Lipp

Keep up to date:

<https://studentaffairs.lehigh.edu/content/covid-19-counseling-psychological-services-updates>

ingss@lehigh.edu

Subscribe to GLO's YouTube Channel

<https://youtube.com/channel/UCIVTXEgcMgCJJ8mqxcjTU7A>



LU Grad Ed and Life
1 subscriber

- HOME
- VIDEOS
- PLAYLISTS
- CHANNELS
- DISCUSSION
- ABOUT
- Q

Uploads



Lehigh's campus through the eyes of the Diversity, Belonging and Equity Advisory Board members.
Premieres 10/19/20, 2:00 PM

REMINDER ON

Suggestion/Concern Form

Send the E-Board feedback

What issues are you facing as a grad?

Submissions can be anonymous

<https://bitly.com/GSSsuggest>

<https://forms.gle/H45JrxGbjXb45qdh7>



- <https://forms.gle/H45JrxGbjXb45qdh7>

Open Floor



- Deadline for signing up for Lehigh Health Insurance is Friday Sept 3rd @ 4pm.
- Update on Wellness Fee; Information Session with Wellness Fee info:
https://drive.google.com/file/d/1IbLV_m1PES4TT_vpVXGnowkRaTk1zfNJ/view
- Workshop on Lehigh Health Insurance will be underway.

ingss@lehigh.edu

See you soon!

NEXT MEETING: Wednesday 9/15/21 (Location TBD)