

# GSS General Assembly Meeting

October 13th, 2021

## Agenda

- David Rubenstein, Psy. D., Executive Director of the Health & Wellness Center
  - Update on graduate student use of Wellness Center
- Oliver Yao, Ph.D., Associate Dean of Graduate Programs
  - Updates on wellness fee
- Announcements
- Open Floor

## Student Discussion:

- David Rubenstein, Psy. D., Executive Director of the Health & Wellness Center
  - Update on graduate student use of Wellness Center

- The wellness fee is in regards to the university working towards doubling the size of HWC, modifying Johnson hall for better facility structure, adding staffing & creating new positions.
- HWC did outperform its capacity in covid. For instance, it hired new technicians and installed new technology to obtain covid results within a few hours.
- It also hired another psychologist in the Counseling Services, and is now working to develop more programs pertaining to graduate students in the university counseling center. Connect with Brianna (brl319) if you have any questions regarding the graduate counseling programs.
- You can reach out to David (dar719) directly as well and share any concerns you may have regarding the HWC at the university.

## Student Discussion:

- Oliver Yao, Ph.D., Associate Dean of Graduate Programs
  - Updates on wellness fee

- The wellness fee will remain intact this year and will likely continue in future; however, no late fee will be charged. Please remind your fellow graduates to pay before registration begins for next semester's courses to avoid any holds.
- The wellness fee will be reviewed once the pandemic is over. Unfortunately, there is no sunset clause for now on the W/Fee.
- Significant amount of graduate students do use HWC services. About 20% of graduate students use HWC, while 28% of all appointments in Counseling center are also graduate students. However, it is to be considered what percentage of that usage are actually referrals out of the HWC?
- Nathan's Office is going to look at the potential stipend rise. Kathleen and Oliver are also reviewing the HI policies, looking at the dependent's package, and will push for a more substantial change in the near future.
- "If 200\$ a year is difficult for graduate students to pay, then the university is paying them too low." --Oliver

# University Diversity, Inclusion, & Equity Strategic Plan

- Any **concerns, suggestions, comments, or praises** about what the Strategic Plan includes or does not include? This could be anything from grammar and language to specific content and initiatives named across all sections.
- How do you see your individual needs as a graduate student fitting into the Strategic Plan? Do you feel represented?
- Are there any goals of the Expanding Student Access and Support section that should be considered a priority to address for graduate students? Are there any additional goals you would add?
- **Email Princess Neely (pon216) or Natania Lipp (nsl319) with remarks or submit about this or other DI&E concerns with our Anonymous Google Form!**

Scan for Anonymous  
Google Form



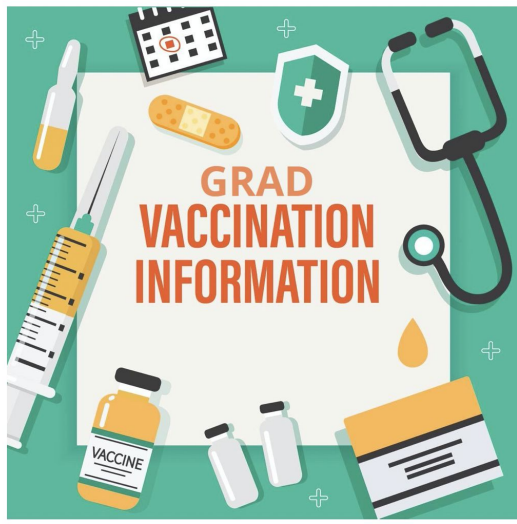
**Nominate a mentor that  
has impacted your time  
here at Lehigh!**

[Submit Nominations](#)



- Take use of this great opportunity to thank all your faculty mentors. Let's bring the party back to grad life. DON'T be shy in thanking someone who had an impact on your life's most important years.

# ANNOUNCEMENTS



The University has decided that a COVID vaccine will be required this fall for all Lehigh undergraduate and graduate students participating in on-campus programs and activities. More information can be found [here](#).

More information can be found here:

[-https://coronavirus.lehigh.edu/](https://coronavirus.lehigh.edu/)

-COVID-19 Policies for Graduate Students: [all COVID-19 Guidelines here](#).



# Writing Resources

# Come Write With Us

at the October, Saturday Write-In

9:00am - 5:00pm

October 16th

participate virtually or in person



Registration Required

[go.lehigh.edu/gradwritingevents](https://go.lehigh.edu/gradwritingevents)



## Keep your writing momentum going!



**Join GWS virtually each Monday from 4pm-6pm and Friday from 2pm-4pm and on one Saturday each month from 9am-5pm. 📝**

Links to Zoom rooms and registrations can be found on the events web page at [go.lehigh.edu/gradwritingevents](https://go.lehigh.edu/gradwritingevents)

 *Grad  
Guidance*



Overcoming Writer's Block  
featuring:

Yvonne Lee, Ph.D.  
Director of Graduate Writing  
Graduate Education & Life

*career ready = life ready*  
Center for Career & Professional Development

<https://www.youtube.com/watch?v=w3NfjrGAZ6Y>

# Career Development Resources

# Lehigh *Connects*

A networking community for students and alumni  
[go/lehigh.edu/lehighconnects](http://go/lehigh.edu/lehighconnects)

## Grad Student Sign Up Event

\*Information

\*Refreshments

\*Swag



Join Us!  
Wednesday  
October 13th  
3:30 - 5:00 pm  
Packer House  
Lawn

Register:  
[lehigh.joinhandshake.com](http://lehigh.joinhandshake.com)

Sponsored by the Center for Career &  
Professional Development and the  
Graduate Education & Life Office



**EXPLORE CAREER  
OPPORTUNITIES TO  
LEVERAGE YOUR  
GRADUATE DEGREE**

**Graduate Workshop**  
**Wednesday, Oct. 20th**  
**12:15 - 1 pm**  
**Register on Handshake**  
[lehigh.joinhandshake.com](https://lehigh.joinhandshake.com)  
**Access Via Zoom**

- ✓ Gain insights into the career exploration process
- ✓ Maximize Handshake and job search boards to find positions
- ✓ Explore ImaginePhD, myIDP, & ONet
- ✓ Ask questions of your graduate student career coach

**Presented by the Center for Career and Professional Development**



## **Career Management Seminar:** A VIRTUAL LEARNING COMMUNITY FOR CAS, COE, AND RCEAS GRADUATE STUDENTS


### **Empower Your Career**

- ✓ **Earn A Blockcert In Just 5 Hours**
- ✓ **Complete online, self-paced sessions**
- ✓ **Receive support from your career coach**



**\*Register [lehigh.joinhandshake.com](https://lehigh.joinhandshake.com)**





**National Center for Faculty  
Development and Diversity**

Free for Lehigh  
Students

**Grads, do you  
need help with  
your writing,  
time management,  
productivity?**

- Grad student On-line resources
- Grad student Membership is free for Lehigh students
- Programs include Dissertation Success, a 12 week program to get you writing, impostor syndrome, publishing perils, writer's block, and mentoring among many others.

<https://goo.gl/6pGfzi>

Graduate Life Office - [gradlife@lehigh.edu](mailto:gradlife@lehigh.edu)



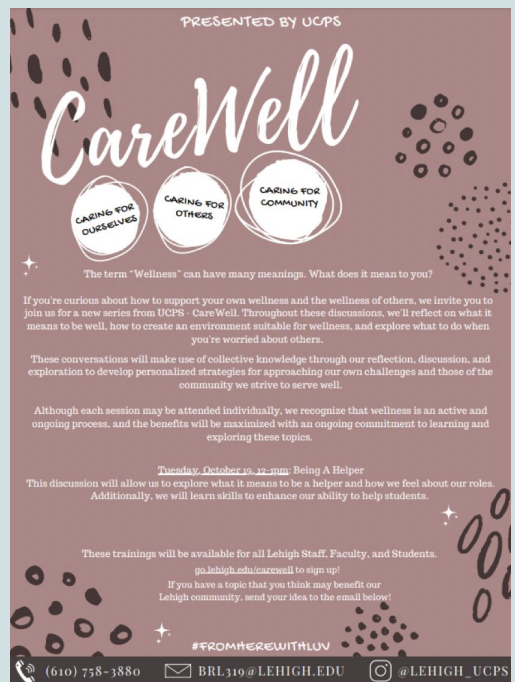
# Educational Talks/Conferences

**Tuesday October 19th 12-1 PM - "Being a Helper"**

A discussion on what it means to be a helper and learning skills to enhance our ability to help students.

These trainings will be available for all Lehigh Staff, Faculty, and Students.

[go.lehigh.edu/carewell](https://go.lehigh.edu/carewell) to sign up!



PRESENTED BY UCPS

# CareWell

CARING FOR OURSELVES   CARING FOR OTHERS   CARING FOR COMMUNITY

The term "Wellness" can have many meanings. What does it mean to you?

If you're curious about how to support your own wellness and the wellness of others, we invite you to join us for a new series from UCPS - CareWell. Throughout these discussions, we'll reflect on what it means to be well, how to create an environment suitable for wellness, and explore what to do when you're worried about others.

These conversations will make use of collective knowledge through our reflection, discussion, and exploration to develop personalized strategies for approaching our own challenges and those of the community we strive to serve well.

Although each session may be attended individually, we recognize that wellness is an active and ongoing process, and the benefits will be maximized with an ongoing commitment to learning and exploring these topics.

Tuesday, October 19, 12-1pm: Being A Helper

This discussion will allow us to explore what it means to be a helper and how we feel about our roles. Additionally, we will learn skills to enhance our ability to help students.

These trainings will be available for all Lehigh Staff, Faculty, and Students.  
[go.lehigh.edu/carewell](https://go.lehigh.edu/carewell) to sign up!

If you have a topic that you think may benefit our Lehigh community, send your idea to the email below!

#FROMHEREWITHLUV

(610) 758-3880   BRL319@LEHIGH.EDU   @LEHIGH\_UCPS



Second Annual Multilingual Education Conference

## The Condition of Education: Re-establishing Connections with Multilingual Learners

October 23, 2021  
Iacocca Hall, Lehigh University

~~Submit a Proposal:~~  
<https://forms.gle/PvKTTbqZzXjdWNqNA>

Register:  
[https://secure.touchnet.net/C20058\\_ustores/web/product\\_detail.jsp?PRODUCTID=464](https://secure.touchnet.net/C20058_ustores/web/product_detail.jsp?PRODUCTID=464)



**Past date for submitting a proposal but you can still register to attend!**

Pride Center & Center for Gender Equity



The Pride Center and the MLK Celebration Committee  
at Lehigh University in partnership with  
The Eastern PA Trans Equity Project  
present an evening with

# JENNICET GUTIÉRREZ

national organizer with Familia: Trans  
Queer Liberation Movement (TQLM)



**Oct 21, 2021**

**7:00PM**

**RAUCH 184 & VIRTUALLY**

**REGISTER AT:**

[go.lehigh.edu/Jennicet](https://go.lehigh.edu/Jennicet)



5x10 credit

The Pride Center is committed to making such and every one of our programs and initiatives accessible and inclusive. If you are planning to attend a program and have any accessibility needs or desires, please contact the Office of Disability/Inclusion in advance of the program for coordination.



THE PRIDE CENTER FOR  
SEXUAL ORIENTATION &  
GENDER DIVERSITY



**IT'S A QUEER WORLD**

## FALL 2021

### QUEER MORNING BLESSING

**MON & FRI MORNINGS**  
8:30AM-8:45AM  
IN PERSON IN OUR LOUNGE UC212  
& VIRTUALLY AT  
GO.LEHIGH.EDU/VIRTUALPRIDECENTERLOUNGE

### LUNCH & LEARNS

**OCT. 5 (5X10)**  
**NOV. 9**  
12:30-1:30PM IN PERSON - UC8025 OR  
IN OUR VIRTUAL LOUNGE AT  
GO.LEHIGH.EDU/VIRTUALPRIDECENTERLOUNGE

### FIERCE FILM

### FRIDAYS

**SEPT. 17 (5X10)**  
**OCT. 15 (5X10)**  
**NOV. 19**  
2:00-4:00PM IN PERSON - UC8025 OR  
IN OUR VIRTUAL LOUNGE AT  
GO.LEHIGH.EDU/VIRTUALPRIDECENTERLOUNGE

### LUALLY SESSION

**NOV. 17 - SUPPORTING TRANS PEOPLE**  
12:00PM-1:30PM HYBRID SESSION - IN UC8025  
& OUR VIRTUAL LOUNGE  
REGISTER AT GO.LEHIGH.EDU/LUALLY

### MENTAL HEALTH MONDAYS

**SEPT. 27 - ATTACCA  
QUARTET (5X10)**  
**DEC. 6 - THERAPY DOG**  
2:00-3:00PM UC FLAG POLE

QUESTIONS? WANT MORE INFO?  
EMAIL US AT PRIDECENTER@LEHIGH.EDU

The Pride Center is committed to making each and every one of our programs and initiatives accessible and inclusive. If you are planning to attend a program and have any accessibility needs or desires, please contact Mel Kitchen at [mbk411@lehigh.edu](mailto:mbk411@lehigh.edu) in advance of the program for coordination.

[pridecenter@lehigh.edu](mailto:pridecenter@lehigh.edu)

The pride center is committed to making each event and every one of our programs and initiatives accessible and inclusive. If you are planning to attend a program and have any accessibility needs or desires, please contact Mel Kitchen at [mbk411@lehigh.edu](mailto:mbk411@lehigh.edu) in advance of the program for coordination.

The pride Center  
**QUEER**  
SPIRITUALITY

*awaken*

*nourish your heart*

*begin*

*affirm*

**QMB  
Queer  
Morning  
Blessing**

*acknowledge*

*build community*

To our queer community members and allies...what sustains and fulfills your heart? Let's begin and end our week together as we center ourselves in the shared knowing that we do this life best when we create space for gratitude and compassion.

Open to students, staff & faculty in person in our lounge UC212 and virtually at: [go.lehigh.edu/virtualpridecenterlounge](https://go.lehigh.edu/virtualpridecenterlounge)

**8:30am-8:45am**  
**Mon & Fri**

facilitated by Dom Ocampo, Mel Kitchen, Mark Wonsidler & Rabbi Steve Nathan

The Pride Center is committed to making each and every one of our programs and initiatives accessible and inclusive. If you are planning to attend a program and have any accessibility needs or desires, please contact Mel Kitchen at [mbk411@lehigh.edu](mailto:mbk411@lehigh.edu) in advance of the program for coordination.

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## Center for Gender Equity



- [Click here for the latest virtual events and news!](#)

# Graduate Life Office

**HUNGRY?**  
COME MEET YOUR FELLOW GRAD  
STUDENTS FOR BREAKFAST  
EVERY TUESDAY AT 10AM!

**TUESDAYS @10**

Every Tuesday\* from 10 am - 11 am, Packer House

**\*IMPORTANT**  
THIS EVENT WILL ONLY TAKE PLACE IF THE  
WEATHER PERMITS US TO HOLD IT OUTDOORS.  
WE WILL NOT HOST IT INDOORS DUE TO THE  
PANDEMIC. PLEASE CHECK OUR SOCIAL MEDIA  
ON MONDAYS FOR UPDATES ON WHETHER IT HAS  
BEEN CANCELLED FOR THAT WEEK.

**COME HUNGRY!**  
Bagels, Yogurt, Fruits, Toast, Eggs,  
Cheeses and lots more!  
Coffee, Tea, Milk, Juice



*\*Tuesdays @10 will be back next week (10/19).*

**Reminder:** Check for updates on our social media every Monday on whether it will be cancelled for that week due to inclement weather or other reasons.

# Trip to Dorney Park Halloween Haunt



**SATURDAY, OCTOBER 23 | 5 - 11 PM**

## DORNEY PARK HALLOWEEN HAUNT

Register & pay here: [tinyurl.com/TheHauntatDorney](https://tinyurl.com/TheHauntatDorney)

- COST: \$15
- DEADLINE TO REGISTER: OCT. 21ST
- TRANSPORTATION AVAILABLE FOR THOSE THAT NEED RIDES

For questions, contact  
Jeremy Pascua at [jbp320@lehigh.edu](mailto:jbp320@lehigh.edu)

Lehigh University  
Graduate Life Office

Saturday, Oct. 23, 5-11 PM

Cost: \$15

Registration Link:

[tinyurl.com/TheHauntatDorney](https://tinyurl.com/TheHauntatDorney)

Transportation provided for those that need rides.

## Graduate Women's Exchange



### Come Explore

**Sept 9 & 23, Oct 7 & 21, Nov 4 & 18**

Women's Exchange provides a space for graduate women from all walks of life to develop meaningful relationships and promote personal growth. Occurs every other Thursday throughout the semesters both Spring and Fall over lunch, guest presentations, and activities are presented around participant interests.

**Location:** Packer House Lounge  
217 West Packer Ave  
12-1pm

**Registration is Required:** Limited to 15 participants and we encourage you to attend at least 5 of the 6 sessions.



Brought to you by the Graduate Life Office  
[gradlife@lehigh.edu](mailto:gradlife@lehigh.edu)



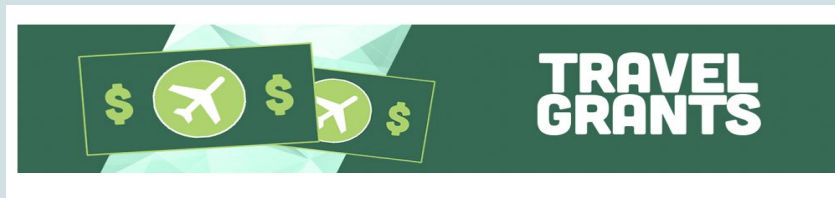
# Reimbursement

**Grads! Do you need a reimbursement from the Graduate Student Senate travel grants, your graduate club OR your department?**

Find the details in the link below:

<https://grad.lehigh.edu/financial-support/reimbursement>

# Funding Opportunities



Greetings from the Graduate Student Senate!

In an effort to increase efficiency and reduce paper waste, the GSS Travel Grant application process is now electronic. Revised applications are available as a **PDF form (here)** to be completed electronically and submitted via email to [GSSTravelGrants@lehigh.edu](mailto:GSSTravelGrants@lehigh.edu).

Please see our website to access the application and instructions for the new submission process: <https://gradlife.web.lehigh.edu/node/170>.

Any questions should be directed to the GSS Travel Grant Officer at [GSSTravelGrants@lehigh.edu](mailto:GSSTravelGrants@lehigh.edu). Thank you for your help in making this transition!



**Funding Opportunity:  
The Sustainable Initiative Grant**

Grants of up to \$2,000 are available to Lehigh students, faculty, and staff!

The Sustainable Initiative Grant is available to members of the Lehigh community for projects that contribute to sustainability on Lehigh's campus and the surrounding area.

You can find more information about how to submit an application at:

<https://sustainability.lehigh.edu/sig>

## Other Graduate Resources & Information

# CORN MAZE AND PUMPKIN PATCH AT MAZEZILLA



OCTOBER 16



**9:30-11:30 am**

\$11/ student

&

**12-1:30 pm**

**pumpkin carving and free  
pizza at Packer House**

Questions: Tulika  
[tum221@lehigh.edu](mailto:tum221@lehigh.edu)



LEHIGH COLLEGE OF HEALTH IS LOOKING FOR A

## Graduate Research Assistant

*To work with Dr. Michael K. Gusmano on a multi-year research project  
funded by the National Institutes of Health (NIH)*

Dr. Michael K. Gusmano in the College of Health has a position available for a Graduate Research Assistant (Research Coordinator) for a study of the ethics of xenotransplantation, funded by the National Institutes of Health, National Center for Advancing Translational Sciences (Award 1R01TR003844-01). Experience conducting in-person and telephone interviews and surveys is preferred, but not necessary. Find this posting and apply for this role on [Handshake](#).

- Conduct in-person and telephone interviews and surveys
- Enter data of participant surveys and maintaining careful records of participants in the study
- Assist with manuscript and report development
- *Best for doctorate or masters level students*

Submit a cover letter and resume to [Dr. Michael K. Gusmano](mailto:mig321@lehigh.edu) by email mig321@lehigh.edu



**POSTPONED UNTIL SPRING 2022**

An 80,000 word thesis  
would take 9 hours to  
present. Your time limit...

**POSTPONED UNTIL SPRING 2022**  
3 minutes

Lehigh University

3M 2021

**POSTPONED UNTIL SPRING 2022**

Friday, October 15th  
1:00pm-4:00pm

STEPS 101

Donegan Elementary  
Presents...

# Cultural Night

Join us and share  
your culture on  
10/15 from 5-7  
at Donegan  
Elementary School

Looking to showcase  
foods, dances, and many  
more cultural traditions!

Interested?  
Email Lexi at  
[inserve@lehigh.edu](mailto:inserve@lehigh.edu)



— ★ ★ ★ —  
DAY IN THE LIFE OF A GRADUATE STUDENT  
VIDEO CONTEST

WINNER



ARTEMIZA MARTINEZ MEDINA  
BIOLOGICAL SCIENCES

RUNNER-UP



LAURA EARLY  
PHYSICS

RUNNER-UP



PRANEETHA PULYALA  
BIOENGINEERING

TO VIEW THE WINNING VIDEOS,  
PLEASE VISIT:  
[THE GRAD LIFE YOUTUBE CHANNEL](#)

**Congratulations to Artemiza,  
Laura, and Praneetha!**

**See the winners' videos on our  
[YouTube channel!](#)**

# STITCHING CIRCLE

SUPPLIES  
AVAILABLE

Bring any kind of creative project and join us!  
Wednesdays @ 7:00pm EST  
In the CGE Lounge (CUC c207) or via Zoom.  
Register at [go.lehigh.edu/stitch](http://go.lehigh.edu/stitch)

LEHIGH  
UNIVERSITY



We want all our events to include everyone.  
Contact Rita at [rmj207@lehigh.edu](mailto:rmj207@lehigh.edu) with requests.

SAV YES TO FRESH

# BETHLEHEM Farmers' Market

APRIL 29 – NOVEMBER 18, 2021

EVERY THURSDAY 10AM–2PM

🎸 LIVE MUSIC 11:30AM–1:30PM

NEW & MORTON STREETS | FARRINGTON SQUARE  
SOUTHSIDE BETHLEHEM



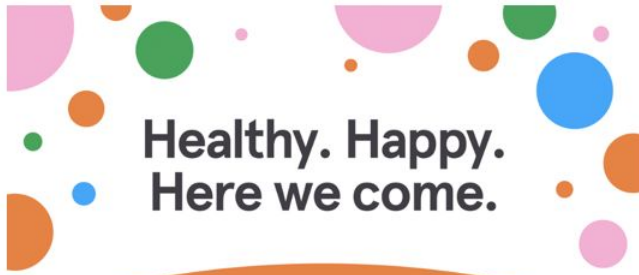
LEHIGH UNIVERSITY | Office of Sustainability

FRESH FARMERS' MARKET CHECKS ACCEPTED

[bethlehemfarmersmarket.com](http://bethlehemfarmersmarket.com)







# Healthy. Happy. Here we come.



Start your free membership on February 1, 2021  
[go.lehigh.edu/headspace](https://go.lehigh.edu/headspace)

Need help?  
[teamsupport@headspace.com](mailto:teamsupport@headspace.com)



LEHIGH UNIVERSITY

PEER HEALTH ADVISORS



**Your Lehigh ID gets you free rides on the LANTA (Lehigh Valley Public Transit) bus!**



**Lehigh U students can ride LANTA buses for free**

Lehigh University students will be able to ride LANTA buses for free.

MCALL.COM

OPEN FLOOR

**GSS Meetings**  
**Graduate Student Senate Meetings**



**Fall 2021 General Assembly Meeting dates**

Every other Wednesday  
12:10-1:00pm

September 1st  
September 15th  
September 29th  
October 13th  
October 27th  
November 10th  
December 1st

When we can meet in person, a pizza lunch is included at every meeting.